

# Which CPR course is suitable for me?

## CPR Refresher Course

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The *CPR Refresher* course is suitable for Students that have pre-existing skills and knowledge in the provision of CPR. Pre-existing skills mean that you are attending this course within the recommended 12-month renewal period as part of your work or community group requirements.

If you are attending the *CPR Refresher*, you will not be required to complete the online pre-reading and assessment. Existing knowledge will be revised in class, this will include a short multiple-choice assessment to be completed at the end of the class. Practical skills will be assessed as per the unit of competency requirements.

**Course Duration:** 4 hours in class

**Unit of Competency:** HLTAID009 Provide cardiopulmonary resuscitation

## CPR Course

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The *CPR* course is suitable for Students that do not have pre-existing skills and knowledge in the provision of CPR. You may have completed a CPR course before, but it exceeds the recommended 12-month renewal period.

If you are attending the CPR course, you will be required to complete an online 1-hour pre-course reading and assessment to obtain the underpinning knowledge. Trainers and Assessors will revise and test the authenticity of your online learning in the classroom. No multiple-choice theory assessment will be required at the end of the class. Practical skills will be assessed as per the unit of competency requirements.

**Course Duration:** 1 hour online pre-reading and assessment  
4 hours in class

**Unit of Competency:** HLTAID009 Provide cardiopulmonary resuscitation